

150 SPAS

YOU
NEED
TO
VISIT
BEFORE
YOU
DIE



—150— SPAS

YOU NEED TO VISIT BEFORE — YOU DIE —

A selection of the 150 most wonderful spas in the world — each having a unique story to tell. From South Korea to Morocco and from Switzerland to Costa Rica.

By Devorah Lev-Tov — Enjoy!



21 THE SPA AT CHABLÉ YUCATÁN

Tablaje 642, San Antonio Chablé, 97816 Chocholá, Yucatán, Mexico

TO VISIT BEFORE YOU DIE BECAUSE

This may be the only spa in the world that overlooks a sacred cenote. Set within 750 sprawling acres of jungle, the crown jewel of Chablé Yucatán is the 43,055-square-foot spa, uniquely positioned above a cenote (a natural limestone sinkhole held sacred by the Mayans). Thirteen wooden treatment cabins are suspended over the cenote, offering an unparalleled experience. The spa also features an outdoor spa pool made of petrified wood, an apothecary, a flotation tank, and a temazcal, a ceremonial Mayan sweat lodge. Among the range of Mayan-inspired treatments and rituals, there's an in-house Mayan spiritual leader who specializes in holistic healing, sacred ceremonies, and ancient feminine empowerment. The Signature Life Balance Ritual, for instance, includes a spiritual cleansing, a blessing of the four elements, a herbal salt and volcanic clay wrap, a precious stone energy-release massage, and a circle of life closing ceremony. You will exit the spa reborn.



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